

(Sodium Chloride 0.65% Nasal Drops)

# Naphace<sup>®</sup> SC

Nasal Spray / Drops

## COMPOSITION:

Sodium Chloride IP .....	0.65% w/v
Benzalkonium Chloride Solution IP .....	0.02% v/v
(as preservative)	
Water for Injections IP .....	q.s.

## Indications

Daily nasal wash/nasal hygiene, chronic sinusitis, allergic rhinitis, rebound effect, dry nasal membranes, nasal irritation, cold, minor nose bleeds, nasal irrigation/douching following surgeries.

Naphace SC is also used to improve nasal hygiene. It contains sodium chloride as an active ingredient which provides a natural way to soothe dryness and also helps to improve nasal hygiene.

Sodium chloride helps add moisture inside the nose to dissolve and soften thick or crusty mucus. This leads to a relief in stuffiness and makes breathing easier.

It does not contain any medication.

## Pharmacology

Sodium, the major cation of the extracellular fluid, functions primarily in the control of water distribution, fluid balance, and osmotic pressure of body fluids. Sodium is also associated with chloride and bicarbonate in the regulation of the acid-base equilibrium of body fluid. Chloride, the major extracellular anion, closely follows the metabolism of sodium, and changes in the acid-base balance of the body are reflected by changes in the chloride concentration.

## Mechanism of Action

Sodium and chloride - major electrolytes of the fluid compartment outside of cells (i.e., extracellular) - work together to control extracellular volume and blood pressure. Disturbances in sodium concentrations in the extracellular fluid are associated with disorders of water balance.

## Precautions

Before using this product, tell your doctor or pharmacist if you are allergic to any content of this product.

This product is safe to use during Pregnancy.

This product is safe to use during Breast-feeding.

## Dosage

Suitable for infants, children and adults alike. However, seek medical advice before using for infants less than 2 weeks old.

Drops - Infants and toddlers upto 2 years: 1 Drop into each nostril as needed.

Drops - Adults and Children over 2 years: 1-2 Drops into each nostril as needed.

Usual frequency of use: 3 to 4 times a day per nostril. Or use as directed by the physician.

## Instructions for use

Clean the nose, remove the bottle cap.

As drops- In sitting posture, tilt your head back as far as possible, or while lying down, tilt your head backwards or comfortably arched over the edge of the bed. With the bottle inverted over the stuffy nostril, allow enough time for 2-3 drops to fall and spread inside the nose

As spray- Insert the nozzle into stuffy nostril by tilting the head forward in erect posture. Use the spray by squeezing the bottle once and continue normal inhalation. Release the pressure from the bottle and slowly remove the nozzle from the nostril.

Repeat the same steps for the other nostril and replace the cap tightly after use.

Naphace SC is given as drops into each nostril as needed or as directed by your doctor. Try not to touch the container tip to the inside of your nose.

## Overdose

There have been no reports of overdose with this product.

## Side Effects

Stinging, sneezing increased nasal discharge or salty taste may occur. If any of these effects persists or worsen, notify your doctor. Tell your doctor immediately if frequent nosebleeds occur. If you notice any other effects not listed above, contact your doctor.

## Storage

Store in a cool place. Keep out of reach of children.

## Warnings

1. If irritation persists or increases, discontinue the use and consult your physician.

NOT FOR INJECTION

FOR EXTERNAL USE ONLY

## Presentation

Naphace SC contains 10 mL of clear colourless nasal solution filled in white Nasal Spray bottle.

## Directions for use:



Turn the tamper proof cap anti-clockwise to break the seal.

Replace the cap tightly after every use.

Manufactured in INDIA by :

**Senses Pharmaceuticals Pvt. Ltd.,**

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